



学校給食予定献立表



Main table containing 28 days of school lunch menus. Each day includes a main dish, side dishes, and a drink. Menus are color-coded by ingredient type (e.g., red for meat, green for vegetables). Includes a '献立表について' (About the menu) section with icons and a '堺のめぐみ' (Sakai's Treasures) section with a tooth icon and dates.

Nutritional information table with columns for Energy, Protein, Fat, Calcium, Magnesium, Iron, Lead, Vitamin A, B1, B2, C, Salt, and Fiber. Includes a note: ※栄養価は「日本食品標準成分表2020年版(八訂)」に基づき算出しています