

Main table containing school lunch menus for May, organized by date (Monday to Friday) and meal type (Breakfast, Lunch, Dinner). Each entry includes ingredients, quantities, and nutritional information. Includes a '献立表について' (About the Menu) section with icons and a '旬のめぐみ' (Seasonal Delights) section for May featuring 'じゃがいも' (potatoes) and '小松菜' (matsunabuna).

Nutritional information table with columns for nutrient name (e.g., エネルギー, たんぱく質), unit, and average/standard values for the month of May.