

# Announcement of 4th Dose of COVID-19 Vaccination

**No charge  
for  
vaccination**

A fourth dose of COVID-19 vaccination will be administered as indicated here.

All of the documents that you will need to get the shot are included in this envelope, so if you wish to receive the vaccination, please follow the procedures below.

\* This announcement is created based on information available as of early May 2022.

The content is subject to change, so please check the website of Sakai City or the Koho Sakai (Sakai City Newsletter) for the latest updates.

## Outline of a 4th dose

**Eligible persons** . . . . Any Sakai resident to whom one of the following conditions applies, who has received three shots, the third one at least five months ago.

- 60 years of age or older
- Between the ages of 18 and 59 with underlying diseases (\*1) or deemed by a physician to be at high risk of developing severe symptoms if infected with COVID-19

**Number of shots** . . . . One

**Type of vaccine** . . . . Either the Pfizer or Takeda/Moderna vaccine, no matter what type of vaccine you received for your first, second and third shots

\*1 For applicable underlying diseases, see the reverse side.

## Contact information

### Vaccination sites, how to book a vaccination, etc.

#### Multilingual Call Center for COVID-19 Vaccination

**TEL 0570-048-567** (Navi Dial: 0570 service)

From 9:00 to 17:30

\*Also accepting reservations on Saturdays, Sundays and public holidays

\*Calls from IP phones to: 072-256-4140

**FAX 072-275-5288**

\*Inquiries by FAX are reserved for those with speech or hearing disabilities who have difficulty inquiring by phone

#### Website of Sakai City

(COVID-19 Vaccination Portal Site)

堺市 コロナ ワクチン  Search

Portal Site▶



English・中文  
한글・Tiếng Việt  
Easy Japanese / Sign  
language videos, etc.▶



## Flow of vaccination

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### Check the medical institutions and venues where you can receive a vaccination, and make an appointment for vaccination.

- You can receive a vaccination in the municipality where your address is registered.
- An appointment is required to receive a vaccination. Make an appointment to receive the shot for a date no earlier than five months from the date you received your third shot, indicated in your "record of vaccination for COVID-19" on the vaccination certificate, enclosed.
- To check the medical institutions and venues where you can receive a vaccination, check the enclosed list of venues, the Sakai City website, or the Ministry of Health, Labour and Welfare's "COVID-19 Vaccine Navi" website.

#### ▼ Individual Vaccination Venues (Medical Institutions)

- Please apply directly to the medical institution where you wish to receive the vaccination.
- The age, date, time, and appointment method for receiving vaccination will vary depending on the medical institution.
- Those with underlying diseases and receiving regular treatment are recommended to receive vaccinations from their primary care doctor.


Scan for the updated list of Individual Vaccination Venues▶



Ministry of Health, Labour and Welfare "COVID-19 Vaccine Navi" Provides information on the status of vaccination appointments at each venue▶



#### ▼ Mass Vaccination Venues (Medical Institutions / Regional Venues)

Appointments by Phone	Appointments via the Internet or LINE	Appointments by FAX
<p><b>Sakai City Multilingual Call Center for COVID-19 Vaccination</b></p> <p><b>TEL 0570-048-567</b> (Navi Dial: 0570 service) From 9:00 to 17:30</p> <p>* Also accepting reservations on Saturdays, Sundays and public holidays * Calls from IP phones to: 072-256-4140</p>	<p>Appointments via the Internet or LINE can only be made by those registered as a resident of Sakai City.</p> 	<p>Reserved for those with speech or hearing disabilities who have difficulty applying by phone</p> <p><b>Sakai City Multilingual Call Center for COVID-19 Vaccination</b></p> <p><b>FAX 072-275-5288</b> From 9:00 to 17:30</p>

\*Be aware that appointments cannot be made at City Hall, ward offices, or mass vaccination venues.

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## Receive a vaccination at the medical institution or venue where you have made an appointment on the appointment date and at the appointed time.

You must have the following three documents to get vaccinated.

What to bring on the day

- ① Preliminary examination slip with printed vaccination ticket (included with this announcement)
  - ② Vaccination certificate (included with this announcement)
  - ③ Your ID document (a driver's license, a health insurance card, etc.)
- \* Please bring your medicine notebook if you have one.

- If you feel unwell, please contact the medical institution or venue where you have made an appointment or the Sakai City Multilingual Call Center, and hold off on getting the shot.
- The shot is administered in the upper arm near the shoulder, so please wear clothing that allows exposure up to the shoulder.

## Who is eligible for the fourth dose as a "person with an underlying disease"?

People with underlying diseases aged between 18 and 59, who are eligible for a fourth dose, are those to whom one of the following conditions applies.

### ① Receiving regular treatment or hospitalized for one of the following conditions

1. Chronic respiratory illness
2. Chronic heart disease (including hypertension)
3. Chronic kidney disease
4. Chronic liver disease (liver cirrhosis, etc.)
5. Diabetes being treated with insulin or oral medication, or diabetes with complications
6. Blood diseases (excluding iron deficiency anemia)
7. Diseases with reduced immune function (including malignant tumors for which treatment or palliative care is being received)
8. Lowered immune function due to medical treatment, such as steroids.
9. Neurological and neuromuscular diseases associated with immunity abnormalities
10. The impairment of physical functions due to neurological or neuromuscular diseases (breathing disorders, etc.)
11. Chromosomal abnormalities
12. Severe physical and mental disabilities (a combination of severe physical disabilities and severe intellectual disabilities)
13. Sleep apnea syndrome
14. Severe mental illness (hospitalized for the treatment of mental illness, in possession of a Mental Disability Health & Welfare Handbook\*, or coming under "severe and continuous" in psychiatric rehabilitation (psychiatric outpatient medical care) or mental disability (in possession of a Rehabilitation Certificate\*))

\* Also applies to a person in possession of a Mental Disability Health & Welfare Handbook or Rehabilitation Certificate who is neither hospitalized nor undergoing outpatient medical care.

### ② Obese people who meet the criteria of BMI 30 and above

\* BMI = weight (kg) ÷ height (m) ÷ height (m)

\* BMI 30: a height of 170 cm and weight of 87 kg, a height of 160 cm and weight of 77 kg

## The vaccination will not be given to you without your consent

- The vaccination will be offered only to those who have understood both its preventive effects against the onset of symptoms of COVID-19 and the worsening into a severe condition, as well as its risk of adverse events and have made their own decision to receive the vaccination.
- If you are currently under treatment for some sort of disease or are afraid of receiving a vaccination due to health reasons, please consult your primary care doctor to determine whether you should receive the vaccination.

Vaccination instructions and information  
(Ministry of Health, Labour and Welfare)



Vaccination benefits and safety  
(Ministry of Health, Labour and Welfare)



## If you receive a vaccination in a location other than the municipality where your address is registered

- In the case where you live in a municipality where your address is not registered . . . . . You may receive a vaccination in the municipality where you live. Please contact the municipality where you live.
- In the case where you wish to receive a vaccination at the medical institution where you are hospitalized or the facility where you live . . . . . Please contact the relevant medical institution or facility.
- In the case where you wish to receive a vaccination at the medical institution where you are being treated for an underlying disease . . . . . Please contact the medical institution at which you are being treated.

## If you move out of Sakai City a vaccination ticket must be reissued at the municipality of your new address

- The vaccination ticket from Sakai City cannot be used if you have moved away from the city. Please have the municipality to which you moved issue you a new ticket.

## Contacts for related organizations and detailed information

### General information on COVID-19 vaccination

Ministry of Health, Labour and Welfare  
COVID-19 Vaccination Hotline

TEL 0120-761770

From 9:00 to 21:00

\* Available even on Saturdays, Sundays, and public holidays

### Specialist consultation requiring medical knowledge such as adverse events

Osaka Prefecture COVID-19 Vaccination Consultation Center

\* Interpretation for English, Chinese, Korean & Vietnamese available  
(Vietnamese is available from 9:00 to 22:00)

TEL 06-6635-2047 (available 24 hours) \* Available even on Saturdays, Sundays, and public holidays

\* Please consult by FAX if you have hearing or speech disabilities.

FAX 06-6641-0072

### Vaccination-related information

Ministry of Health, Labour and Welfare  
COVID-19 Vaccine Navi

Latest information from medical institutions and procedures for issuing vaccination tickets, etc. ▶



Ministry of Health, Labour and Welfare  
COVID-19 Q&A

Effects and safety of the vaccine, etc. ▶



### Announcement via LINE (in Japanese)

Information related to COVID-19, including when to get your vaccination and how to make an appointment, is provided through Sakai City's official LINE account.

#### How to Use



Add Sakai City's official account as a LINE friend. ▶



More information on how to use the city's official LINE account is posted on the website of Sakai City.

堺市 ライン Search

**⚠ Pay attention to fraudsters exploiting COVID-19 vaccines.**

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